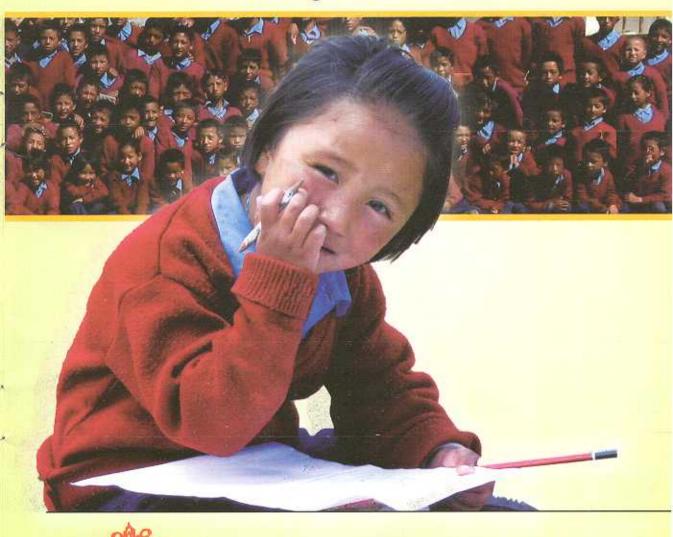
The Call....

Vol.-5

Annual Magazine -2009





JAMYANGLING MODEL SCHOOL, RARU ZANSKAR

THE PURPOSE OF LIFE

One great question underlines our experience, whether we think consciously about it or not: What is the purpose of life?

I have considered this question and may like to share my thoughts. I do so in the hope that they may be of direct, practical benefit for those who read them.

Every human being, from the moment of birth, wants happiness and does not want suffering. No social conditioning, education or ideology affects this. We simply desire contentment, from the very core of our being. Whether the universe, with its countless galaxies, stars and planets, has a deeper meaning or not, I don't know. But, at the very least, it is clear that human beings, living on this earth, face the task of making a happy life for ourselves. Therefore, it is important to discover what will bring about the greatest degree of happiness.

HIS HOLINESS THE 14TH DALAI LAMA

The Call....

Annual Magazine -2009





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SCHOOL PRAYER



MANJUSHRI-JAM-PAL-YANG

(God of wisdom)

Obeisance to my guru a protector, Manjushri
Who holds to his heart a scripture text
Symbolic of his seeing all things as they are,
Whose intelligence shines forth as the sun
Unclouded by delusions or traces of ignorance
Who teaches in sixty ways, with the loving compassion.

Of the father for his only son All creatures caught in the prison of samsara, Confused in the darkness of their ignorance. Overwhelmed by their suffering . You, whose dragon-thunder-like proclamation of Dharma arouse us from the stupor of our Delusions and free us from the iron chains of our karma. Who wields the sword of wisdom Hewing down suffering Where ever its sprouts appear, Clearing away the darkness of ignorance. You, whose princely body is adorned with the One hundred and twelve's marks of our Budha Who has been pure from the beginning. I bow down to you, O Manjushri With the brilliance of you wisdom, O compassionate one, Illuminate the darkness enclosing my mind, Enlighten my intelligence and wisdom so that I may gain insight into Budha's words and texts that explain them .

SCHOOL SONG

The Call.....

Oh! Gem that is education I too wanted to have And the poor and needly I too wanted to serve but poverty and helplessness drove me into slavery, Voiceless and helpless, my dreams we r left behind.

Oh! Lucky animals you have unspoiled grassland and clear water Oh! No worries of hunger nor fear of thirst But for me, poor girl its all suffering and no joy And there's nothing I can see, to get out of this misery .

Oh! This life of mineseems to be going to waste And even the gods seem to have forsaken me. Oh! Tears of my eyes soak my whole body through And the hopes of my heart I can see them, flowing away.

Oh! Right to education, who will provide me?
Oh! When will this sun brightly on me?
Oh! But in my little heart I'll cherish this big hope
And I'll pray earnestly for an end to my suffering.

Note: Except the title, "The call..." whole text is the lyric of a sound track of Ladakhi film Tsondus (effort) produced by Secmol.

MESSAGE FROM SHAMBHALA CHARITABLE TRUST

Shambhala gemeinwiziger c.v.

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Shambala e.V. Nibolungenstr.40 72768 Rautingen

Dear friends,

I feel honoured and happy to write a few words to pur anniversary in 2010, celebrating Jamyang Ling Model School in Reru, For many years we have worked together for this project, realising our aim to bring education to the Lungnak area. Sometimes making big steps forward, sometimes becaming aware, that our aims will take longer time. In all respect our school in Reru is running smoothly and successful – as well as the Hostel in Jammu though there still remains a lot of work to be done. At this part of our journey I would like to thank all and everyone, who has taken part in this challenge. Thanking our Managing Committees right from the beginning, all our chairmans as Mr. Namgyal Toshi, Mr. Riazin Wanayal, Mr. Puntsok Tundup and the



present chairman, Mr. Stanzin Gyalik. They all have rendered part of their lifes for this project, offering their time and strength for this vision. Only with their enthusiasm, their constant service to this noble idea, our aim could be reached. My deep appreciation goes to our present teachers, toking the hardship of so many years, to bring education to our Zanskari children. To them the honour goes for taxing all challenges of travelling, enduring living standards and remoteness of the Lungnak area, still being driven by the idea of upliffing and educating the children whose parents from far away areas have given them to their reliable hands. It is much more than a teaching job our teachers are rendering - they are dedicating their lifes to a hobte project and I hardly have words to express my thankfulness to them.

I remember the process of long discussions in 2004 to start a Hostel in Jammu for further education. The decision to go for two more classes up to 10th standard in Reru had given a lot of work and tension to everybody involved. So we started out in Jammu, overcoming many obstacles. My appreciation goes to our students as well, the tirst batches, facing and mostering challenges in so many ways. They paved the road for many students to come after, Jamyang ting is flourishing, our project is bearing truits; My deap appreciation goes to all involved, taking a burden for many years but enjoying hard work while looking into the taces of our children.

May there be angoing help and support and continuous blessing for Jamyang Ling.

Bernd Balaschus, Chairman

Shambhala Chifotele Jrust

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२०। परस्य देवेटमा श्रीट देव यासर श्रीव खेर र अटस देया र ।

Office Of The Chairman Managing Committee

JAMYANGLING MODEL SCHOOL, RARU ZANSKAR

Dear JLMS Family,

First of all, congratulation for editorial board for bringing Vol-5th edition of our school annual magazine, "The call...".

Shambhala Charitable trust was formed to provide quality modern education towards People of this region. and for this, we build Jamyang Ling Model School institute. And i am glad that i am involve in this project as various capacities from day of its inception.



I have seen lot progress being made by institution. And it's all because of shared hard work and sincerities towards our goal. For this, i want to thank you all of you, and will be expecting your continue support. Though, we did it made some progress, yet there is more mile to walk on. So let all of us continue to work hard towards our goal, without resting on past laurel.

Since 1994, there has been lots of changes in managing committee .And one of biggest problem we faced is difficulties in communication with ours sponsors .And now most of us are getting old. And its times to new generation to take its responsibility. So, it's very important that, new generation to start working on its responsibility from right now. I hope new generation will able to learn from our mistake and raise the bar of JLMS family objective.

last but not the least, i on the behalf of managing committee would like to express deep gratitude for our sponsors for their help. Because of your generosity, thousands of children of this remote place got their education from the right time. Thanks you very much. I hope and pray that's your kindness will continue in future also, and from our part, we will be continue working as hard as possible for upliftment of children remote place, wishing you a very happy 15th anniversary.

Stanzin Gyalik Chairman Jamyang Ling Model School



HEAD MASTER

JAMYANGLING MODEL SCHOOL, RARU ZANSKAR

Respected,

Thanks for giving me opportunity to put few of my words in our school magazine Vol-5,"The Call...."

I had fantastic experience while working as your headmaster. Though i did face several adversary and difficulties While running the school administration. But i was able to overcome these difficulties with relative ease because of your support. Thanks you all of you for



extending your helping hand. I hope all of us would continue to support each other for development and well fare of this wonderful school. Though i did try to work sincerely with the best of my abilities for this school. Being human, I know there are still lots of short coming, But i need your support to remove these short coming.

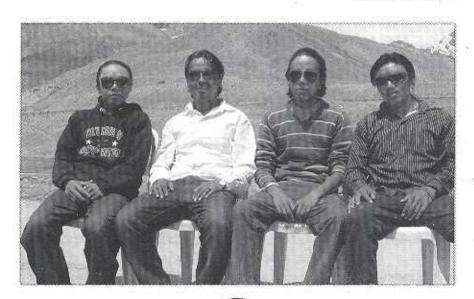
Dear children, though all of you are studying under same institute with same facilities. Yet each of us had different strength and weakness. Some of you are good at math, some to the games, some to other school activities. Its very difficult to perfect in every field. But each of you can help each other to reduce your weakness and improve your strength towards each other. Each of you, should have sense of universal brotherhoods. So help each other, and develop genuine friendship with each other. Friends you will make at school life will some time last for life. One more thing, Shambhala Charitable Trust with its generosity and kindness sponsor this school. We are so lucky to be provided with such great educational facilities. We should count our blessing and cherish it. So that we don't waste this golden opportunity. So children take this blessing with fully extended arms. finally, this school magazine wouldn't be completed without the help of editorial board member and its contributor. Thank you editorial member and student who contributed with their article and write up for school magazine. Lastly, on the behalf of Jamyang Ling Model school staffs and its students. I would like to express words of thank for school sponsor, managing committee for their support. wishing you all very happy 15th anniversary

EDITORIAL

We are pleased to come-up with 5th edition of school's annual magazine, "The Call..." The credits of the successful publication of the magazine goes to those who contributed their wholesome compositions, sound poems, cracking jokes, puzzling riddles etc. We are very proud of your imaginative write-up which reflects your own creativity and intellectual ability. Such, entering into the world of knowledge will certainly be prolific for you when you exit to more complex and composite atmosphere.

Articles and poems published through the magazine were words of students and we assure all the readers may find it pleasurable. Finally, we would be apologetic if there are blunders and errors, hope you all will bear with us.

Editorial board, Tenzin Dhargae, Karma Tsewang, Rakesh Kumar, Lobsang Tashi



DIARY 2009

SCHOOL RE-OPENS:----

After a long Winter vacation. All the teachers and students reunited at here on 4th of March to start the new session with utmost zeal. Ex. Chairperson Mr. Phuntsok Dhondup mainly attended the brief function and pumped-up our soul to have clear resolutions. He also advised the students to study hard and wished everyone to have a productive year ahead.

NEW ADMISSION:----

Twenty seven new faces of students got their admission for Lower Kinder Garden on 10th of May who were arrived from various villages with their parents.

CRICKET TOURNAMENT:----

On 16th of May onwards, a cricket tournament was organized jointly by JLMS teachers and staffs which lasted for three days. There were four strong teams who had participated, namely, Raru Band Of Brothers, Surley Mayur, Hotch Potch(JLMS teachers & staffs team) and JLMS students team. After the one on one league matches, regarding the standing points. Hotch Potch took on Raru Band Of Brothers for the Final match. Amidst of cheers and whistles of students and supporters, Hotch Potch won after paying numerous efforts and raised the glittering trophy by the team captain triumphantly in the sky.

BIRTHDAY OF HIS HOLINESS THE 14TH DALAI LAMA:-----

As usual 6th July was celebrated as 74th Birthday of H.H. The 14th Dalai lama in our school too. The day shinned with long prayers in the morning for the long live of him in this world at school's stupa. Then all the teachers, staffs and students brightened the day with sweet refreshment and by the various amusements of games, sports, songs and dances.

ANNUAL SCHOOL EXCURSION(PICNIC):-----

For 8th & 9th July, the most exciting and joyous moment of the year welcome us. Our survey team had already chosen a camping site of Yulang as the picnic spot. And there we enjoyed 2 days and 1 night to refresh ourselves after long months of studies. Everybody felt happy by having the most favorite dishes, the hottest tea and the coolest juices. No doubt, in that evening, eve-

rybody were jumping and making the dance moves to every musical tracks.

HIMALAYAN MEDICAL CARE ARRIVED AT JLMS:------

On 12th August, like last year, the same group of Himalayan Medical Care arrived at school ground and checked medically and medicated all the students and near-by villagers who were contracted to any serious diseases and ailments without any cost.

MR. BERND AND THE GROUP ARRIVED:-----

Mr. Bernd Balaschus, the founder of this wonderful school (JLMS) arrived at school on 8th of August with a group of Shambala Charitable Trust members. All the students, teachers and staffs gave him and his group a warm reception traditionally caring white scarf, flowers and copper- made kettle filled with drinks. He and his group stayed for 11 days at Raru camping site and met with every JLMS family members followed by a short get together among the teaching staffs and hold a brief conversation.

14TH FOUNDING ANNIVERSARY & B'DAY OF THE FOUNDER:---

14th founding anniversary and the happy birthday of Mr. Bernd Balaschus were extremely well observed together on 14th of August, the most special day. The day began with religious gathering and prayers before the Manjushri at the school stupa for the well being of human kinds and things like that. Then with gracious presence of the Chief Guest Mr. Bernd the founder of JLMS, distinguished members of Shambala Charitable Trust, Chairperson Mr. Tenzin Gelek and other guests, the speaker Mr. Karma Namgyal, the assistance Head- Master commenced the function with a welcome note to all the guests and viewers. Then he announced the forth-coming inter-house march pass competition which consists of three contingents, namely, school team, Kailash house and Ngari house followed by some speeches delivered by Head-master Mr Karma Rinchen Phuntsok, Mr.Bernd and the Chairperson Mr. Stanzin Gelek and the next was calisthenics display exercised by 165 to 170 students with different formations. At the end of the morning session, we had a large varieties of cultural programmes like Ladakhi, English and Hindi dances as well as songs with cool refreshment for everyone. After the recess, class-wise exhibition was uncovered comprising the subjects like Buddhism, local foods and beverages, Zanskari crafts, Zanskari costumes and nomadic life of Zanskar which was replete with colorful articles and complete descriptions. Like that the joyous day came to an end with academic prize distribution for those distinct students who had done exceptionally well in examinations.

INDIAN INDEPENDENCE DAY: -----

As preceding years, the school also participated in morning march pass and

cultural show at Padum on 15th August to mark the 62nd Independence day.

ARRIVAL OF H.H.THE 14TH DALAI LAMA IN THE VALLEY:------

Regarding the entreaty applied by Zanskar Buddhist Association, H.H. The 14th Dalai Lama arrived in Zanskar valley to bless every audiences on 17th August. Meanwhile school remained closed for a week as summer break. All the students with parents and teachers and staffs attended the lively religious discourse delivered by His Holiness. The teaching lasted for five days and everybody returned back after a warm see-off for His Holiness.

VOLUNTEERS FROM GERMANY:-----

Two German under-graduate students were here to teach students voluntarily for nearly 2 weeks. One was Mr Andre Gudenrath and Miss Anna Hillebrand who acquired new experiences with the new kind of school and pupils. They left the school in the 2nd week of September by Raru to Darcha trek route. On 28th Sept, another German girl under-graduate student Miss Lynn Kliger came here and taught students till the end of the session 2009-10. With her newer approach and technique remained very handy for students as well as teachers. She also returned back by the same route taken by the former two volunteers.

TEACHERS' DAY:----

Likewise, the preceding years, the second teachers' day was marked on 5th September. Children from each and every classes, one by one, invited every teachers and served a brief tea party and entertained with songs and dances. At around 8pm in the late evening, the eldest class invited every staffs and teachers for the grand dinner party in the staff room which was concluded with jolly full of various songs and varieties of steps of dances. After all, staffs and teachers enjoyed the way students initiatively celebrated and marked a milestone to continue for the years to come.

CHIRLDREN'S DAY:-----

Although the actual date falls on 14th November the day which comes some days after the school closes for Winter vacation. But the school observed Children's Day on 2nd October which is the great day, Gandhi Jayanti as an adjustment. Each and every class teachers arranged tea party and some cool refreshments plus gave away some gifts for each and every respective pupils after a brief morning get-together. In the evening, all the children were amused to watch funny skits, sweet songs and all time hit music and dances performed by teachers as a treat for the day.

WORKSHOP OF SNOW LEOPARD CONSERVATION GROUP:-----

On 6th October, like last year, a snow leopard conservation group were here to held a workshop on the subject wildlife of Ladakh an Zanskar valley which are endangered and left uncared. The workshop was also more onto the subjects like flora and fauna, birds and other wildlife inhabited in Ladakh and Zanskar region. Their main messages were to maintain ecological balances and to conserve wildlife of Ladakh and Zanskar valley. They even came up with varieties of games related to the above mentioned subjects. Students from class VI to VIII participated in the eventful workshop.

TERMINAL EXAMINATION:----

Last year's final term examination, which weighed 40 marks, out of a cent marks, for each subject was successfully conducted on 17th October. Marks obtained in the examination were added with the marks scored in 3 internal unit tests and the 2nd terminal examination which they had appeared earlier.

ANNUAL RESULT DECLARATION:----

On 2nd November, annual academic result was declared within the presence of all the students, teachers and the respective parents as a concluding event of the session 2009-10. The school pass percentage was 94.68%. Among 203 students who had appeared in the examination, only 10 students were failed. After that, every student's academic report cards and text-book for the next session were distributed. Then, within a short period of time, every body left the school for their respective villages and silence echoed by the valley.



AN INTERVIEW WITH MR.. LOBZANG TASHI, PRESIDENT OF LUNGNAG YOUTH ASSOCIATION STUDENTS' WING JAMMU AND EX- STUDENT OF THIS INSTITUITON, PRESENTLY TEACHER OF JAMYANG-LING MODEL MIDLE SCHOOL.

THE CALL: Jullay, Tashi Khamzang.

TASHI:

Jullay, Tashi Delek .

THE CALL: First of all, when did you admit in the school?

TASHI: First of all I would like to convey my heartiest thanks for interviewing

me and giving me a chance to express something in school magazine

"THE CALL".

I was admitted on 6 July, 1994 and luckily I was a first batch student

of J.L.M.S.

THE CALL: Can you please recall to say something about the school and your

attitude during that very fresh moment?

TASHI: In that very fresh moment, I was so happy to go to the school. That

time I didn't know what is the meaning of school. In the same time there were one or two teachers in the school. The teachers taught us

very well and gradually, I got a sense of knowledge.

THE CALL: You had been studied in this school for about nine long years, so

share with us briefly about your schooling right from lower class till

class eight.

TASHI: In these nine years, I got a very good foundation and I was very

fortunate to get a proper education. I met with well educated teachers and I didn't had to face any problem and I had no problems for Board-examination with the help of very good teachers and that teachers were very friendly and I would never forget their kindness. After class

eight I went to Jammu and I got admitted in K.N.I.T. school.

THE CALL: How did you feel about the K.N.I.T where you had been for your

higher classes and the hostel you lived in?

TASHI: K.N.I.T. is too good because in K.N.I.T., the teachers are very well

educated ,well experienced and they all are very friendly behavior, if there is a problem, they support us very well. The teachers care us time to time. There is an attractive hostel, where all the children live.

There are separate rooms for every four children. In the hostel we get everything, what we needed.

THE CALL: What differences you experienced between your stay at Jammu and your temporary job in J.L.M.S?

TASHI: In J.L.M.S. I am a temporary teacher. I have very proud feeling and fortunate too that the place where I teach, is a place where I studied. But in Jammu I got more experience compared to JLMS. Because there is too much facilities for the students. JLMS is a small town and Jammu is a big city, but I studied in JLMS, so I prefer JLMS for my temporary job.

THE CALL: Can you make some suggestions for the up-liftment of this school in the future?

TASHI: My suggestions for the upliftment of this school for the future. All the managing committee members should co-operate with the teachers and the headmaster ought to cooperate with the parents and students. The main upliftment is to be unified in the society and co-operative with one another.

THE CALL: Through this magazine, what messages you wanted to give the whole family of J.L.M.S?

TASHI: Dear J.L.M.S. family members, We are very lucky to get a chance to work in J.L.M.S. by the grace of Shambala Charitable Trust of Germany. So on behalf of Lungnak Youth Assosiation Students' Wing Jammu. I would like to say, thank you for your kindness, and perennial treatment for the Zanskar. I want to pass this message for our brothers and sisters so to use your time judiciously during schooling.

THE CALL: Thank you very much for your shared precious time, interviewing, with us and wish you a bright future ahead.

TASHI: It's pleasure of mine. Thank you so much.

MEANINGFUL WORDS

"The Budha did not appear in this world to save us.

He came to teach us that we are already saved,
originally saved. What a tremendous joy it is for
us to live with this Truth – so let's all bless
everything together!"

- Ven. Song-chol

Close your eyes, relax. Take some deep breaths, letting go of all your cares. When you feel totally relaxed, visualize the symbol before you. Then place it in your heart, asking it: "What do you mean?" If you get an answer, take the answer and try to find out more by continuing the questioning.

- Nanette V . Hucknall

Truly, wisdom springs from meditation; without meditation, wisdom wanes; having known these two paths of progress and decline let one conduct oneself so that wisdom may increase.

Ajahn Sumedho

Where there is uprightness, wisdom is there, and where there is wisdom, uprightness is there. To the upright there is wisdom, to the wise there is uprightness, and wisdom and goodness are declared to be the best things in the world.

Ajahn Sumedho

JOKE

Once upon a time there was a guide. He knows only three English words such as Yes, No and Thank you. One day he was going for a trek and met a French man who had lost his purse. Then French man asked the guide if he got the purse. The guide said Yes, so the French man request him to give back .But the guide answered him No, so the French man lost his temper and gave a heavy punch and at last he said Thank you.

Ha, Ha, Ha, Ha, Ha!

Lobzang Tsephel Class – 6th

THIS IS CRIME STORY.....

Five friends lived in a room, namely Mad, Brain, Fool, Somebody and Nobody. One day Somebody killed Nobody. That time Brain was in bathroom, Mad called police.

Mad :- Is it police station?

Police :- Yes, what is the matter? Mad :- Somebody killed Nobody.

Police :- Are you mad?

Mad :- Yes, I am.

Police :- Don't you have brain?
Mad :- Brain is in bathroom.

Police :- You fool mad.

Mad :- No, Fool is reading jokes.

Thargey Class - 7th

Chinese was in hospital, SANTA went to meet her. Chini said "Ching, Chong, Mou, Chu, Cha" and died. SANTA went China to know the meaning, it was You Bitch, Lift Your Feet From The Oxygen Pipe.

J.Phuntsok Class – 5th

A Dog was doing pee beside a wall, suddenly the wall falls on him and died on the spot. Then onwards all Dogs decided to give one leg support to walls, while doing pee.

Yangtol Class – 5th 1] Tenzin: Father, I will marry your mother?

Awa le : (Surprisingly) why? Son!

Tenzin : Because you married my mother.

2] Nurboo : What are you doing?

Dolma : Writing a letter.

Nurboo : Don't tell lie you can't write?

Dolma : That's all right; I am writing to my brother, as he can't read.

Tsering Dolma Class-6th

RIDDLE

- 1] . When the night falls, I used to cry. How much I cried, I become smaller and smaller. Who am I?
- 2] . In a lake there were 10 fish. One day 7 fish died. How much fish left in lake?

Ningchat Class – 7th

- 1] Why is oil afraid of letter 'B'?
 - 2] Why 10 is afraid of 7?

S. Mutup Class – 6th

Ans :- 1] Candle. 2] Ten Fish. ---- Ans :- 1] Boil. 2] Because 7 ate 9.

Foundation Stones

ATTITUDE:-Attitudecanbepositiveornegative.Positiveattitudeistheabilityofaperson tolookatthepositivesideofeverysituation.Andnegativeattitudeisthereverse.Aperson who can see positiveness even in a negative situation becomes the winner, always. Help your child develop positive attitude from an early age. Keep watch on your child's friends. Bad friend circle influences development of negative attitude in child.

DISCIPLINE:- People without discipline are worth nothing. An averagely intelligent person with discipline scales greater heights in life and career. Think of, why ex-armymen are given preference in appointment in any other field? It is because they are disciplined.

CHARACTER:-Acombination of a person's values, beliefs, self esteem and attitude, all of which are shaped by knowledge and wisdom. Money cannot buy any of them. Teach your child how to build a good character and why people with good character always go ahead of others in life.

HARD WORK: Another pillar of success which has no substitute. Teach your child 'Hard Work" is the shortest route to success. Show them examples . "I am a great believer in destiny and I find that the harder I work, the more I have of it!"

OBSERVATION:-Observation is an essential quality one should develop. Many people learn many things through observation only. Teach your child to be a good observer. Ask them Questions about many things they come across every day.

LISTENER: A good listening habit is an essential quality. Help children to develop this habit from early age. When your child comes back from a school function, ask his/her to describe what he/she has seen and heard there. This will also make them feel that you care for them as well as help them understand the importance of listening.

CREATIVITY:- Every child possesses an enormous amount of creative talent. Spot the creative talents in your child at an early age and develop it further by providing them necessary support.

CONVERSATION :- Conversation helps people exchange each removes misunderstanding as well as helps win friends .

Teach your child the art of conversation. Let them discuss with you any topic of their interest. Correct them when they speak something wrong.

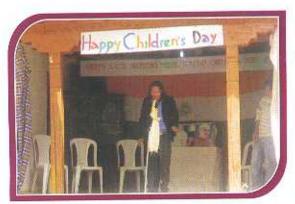
SATISFACTION: - Satisfaction comes when hard work brings results. It is also necessary to be happy with whatever a person achieves. But it does not mean compromising with poor results.

COMMON SENSE: Common sense keeps one a step ahead of others. We all have five senses – taste, touch, sight, smell and hearing. But to be successful, we all need to have an extra sense, that is common sense. This is one among those things which money can not buy, one can not borrow....we have to earn it from experirnce. This is one sense no one can teach you for every circumstance/situation. Here we have to become our own GURU.

RESPONSIBILITY: To respond by all your abilities is responsibility. We are all responsible for making our families and the world better. The world will become a better place only when we shoulder our responsibilities properly. Responsibility is all about performing one's duties sincerely. Teach your child to be responsible from childhood because they are the citizens of tomorrow.

SINCERITY essential One quality one should developed from without becomes childhood. which it very difficult honest and become upright in life. is Sincerity means a whole hearted approach in doing anything and everything. Teach your child to be sincere.





Happy Children Day



Parent - Teachers Meeting



Class Monday Demonstration



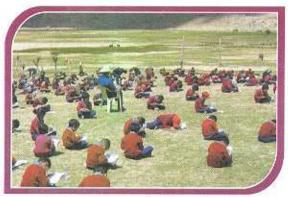
Track to Teach



Environmental Activities During World Environment Day



Group Discussion with Ex-Students



During First Terminal Examination



14th Annual Function Day



School Annual Picnic at Sunny



Own our Independence Day



Exhibition of Zanskar My Native Land



Cultural Performance During Anniversary



Play Performance by Students



Elocution Contest Between Two Houses



Class LKG with Miss. S. Palmo



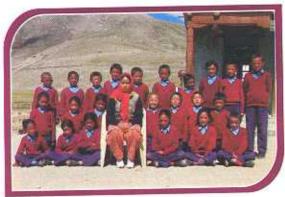
Class UKG with Mr. Rakash



Class-I with Mr. S. Halzang



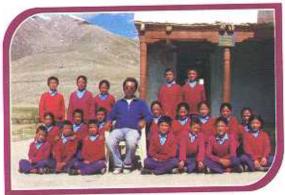
Class-II with Mr. T. Gelek



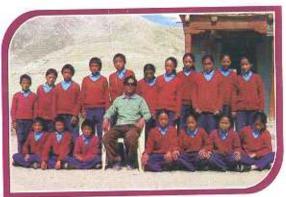
Class-III with Miss. T. Dolma



Class-IV with Miss. R. Angmo



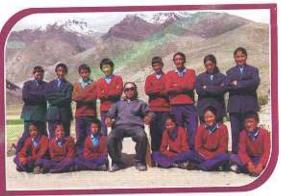
Class-V with Mr. C. Samphel



Class-VI with Mr. Om Prakash



Class-VII with Mr. K. Tsewang



Class-VIII with Mr. T. Dhargae

TIPS FOR PERSONALITY DEVELOPMENT OF THE CHILD

- 1]. Do not scold all the time for minor failures.
- 2]. Do not trouble the child constantly.
- 3]. Never use bitter or harsh remarks.
- 4]. Do not show partiality to one child over the other.
- 5]. Avoid staying away from your child for long periods.
- 6]. Never over impose discipline.
- Do not set over optimistic goals for your child. It might increase his/her stress level.

TEACH THEM		
1) Teach Them :-	To change everything simply change your attitude.	
2) Teach Them :-	Good manners does not cost you anything .	
3) Teach Them :-	Our character is what we do when we think no one is looking .	
4) Teach Them :-	When you are not number one try hard. And when you are number one try even harder.	
5) Teach Them :-	Everyone you meet knows something you don't know but need to know, learn from them.	
6) Teach Them :-	It is better to learn from the experience of others.	
7) Teach Them :-	The less you speak the more you are listened to.	



BOOK

Book is the best friend.
It shows the right way,
For our life span,
It shows which one is the best,
And which one is the worst.
Most of the knowledge,
We get from books.
In our life,
book is our best treasure.

In the book there are different advices.

It is made up of plant skin.

Its colour is so different.

If there is no book,

How can we learn?

It is like a teacher to me, As it shows the right way, Wherever I go.

> Tenzin Dhonyot Class – 6th

FLOWER

Flower is very beautiful and nice. Flower has good fragments. It also has a pleasant nature.

Flower helps in reducing the tensions of millions. It is also the main source for honey bees to get nectors. Flower beautifies the surrounding.
It makes everybody to cheer,
irrespective of cast,
gender and religion.

Chosdon Class – 7th

HUNDREDS

Hundreds of bird flying in the air.
Hundreds of bee on the flowers.
Hundreds of bird eating wheat and pulses.
Hundreds of man walking on the road.

Hundreds of student going to the school. Hundreds of transport moving on the road. Hundreds of farmer working in their fields. Hundreds of sheep eating grasses.

Hundreds of bird in the nest. Hundreds of teacher teaching classes. Hundreds of horse going to Lamayuru. Hundreds of Monk praying in gompa.

> Tenzin Gyaltsen Class – 6th

IF YOU WANT

If you want to speak, speak the truth.

If you want to enjoy, enjoy with your friends.

If you want to live, live with your parents.

If you want to sing, sing the national song.

If you want to kill,

kill your bad habits.

If you want to die,
die for your own country.

If you want to do some work,
then do hard – work.

If you want to become,
become a famous person.

Tenzin Jenpa Class – 7th

IF

If there is no water, How can we spend our life? If there is no food, How can we fill our stomach?

If there is no mother, Where we all come into existence? If there is no cow and goat, Where can we get milk to drink?

If there is no yak, How can we plough our fields?

> Tenzin Dawa Class – 6th

MOTHERS LOVE

My mother loves me.
Mother's love is very true.
Mother is the most precious,
for every child.
She gave my birth,
and cares me.
My mother also take care,
of me and helps me in,
every – things.

I never forget my,
Mother's love.
Mother is the first,
teacher for every child.
She taught me many things,
for my future.
Before we born,
she kept me nine months,
in her womb with the,
sorrowful endurance.

Stanzin kitzom class-7th

MY PET ANIMAL

My pet animal is a dog. His colour is brown. I call him Tommy. He is very cute. He is very active and smart. He runs very fast. When I run. He follows me. When I throw something, He brings it back. He is my best friend. He eats only when I gave him food. He barks at other dogs. He guards my house very well. I had a pleasant dream, Because of my pet, That is why I love him, Without which I am mad.

> Gyaltsen Singey. Class – 7th

NATURE

We live in nature. We grow in nature. We work in nature. We eat in nature.

> Nature is natural. If you harm them. Nature harms you. So don't harm it.

Keep nature clean. People are in good health, and look so nice. It's belong to all of us.

Lobsang Tendar Class – 7th

OH! MY GOD. I WISHES

If I were a moon, I play with stars. If I were a sun, I play with clouds.

If I were a bird,
I fly in the sky.
If I were a cricket player,
bring many cups.

If I were a rich man, I go place to place. If were a tree, I stay at one place.

If I were a doctor,
I check up.
Tsetan Namgyal
If I were a teacher,
I teach more and more.

Tsetan Namgyar Class-6th

SEA

Oh! Sea, I think you are, So deep like an old woman. When you are, As blue as sky.

> You make waves, In the beaches. Men, children and everybody, happily cool their bodies.

Many palm trees, Along the sea shores. Make the painting, Of you the most beautiful.

> When you get angry, You make cyclones. And disasters, Such as Tsunamis.

Ships and boats, Even submarines, Find the way to experience, When you are in romantic mood.

> Tenzin Thardot Class – 6th

SEED

Seed – Seed – Seed, You are very small and beautiful. When you are under the ground, How do you feel? When you grow and come out. You have little branches, with green colour. You are free to stretch branches.

When you are big.
The cow and sheeps,
come to eat you.
Some people take you away,
and you are lonely and sad.

Lobsang Lungtak Class – 7th

TEACHERS

Dear all teachers.

We the students love you all.

If there is no teacher.

Who will teach us?

I love my all teachers. Because they all give, sweet advises.

If there is no teacher.
Who can show us the right ways.
Teacher is like a God.
I love my teachers.

Stobjor Class – 6th

THE RAIN

Drops! Drops! Drops!
Drops of the water fall on the roof.

House! House! House! My house is made up of mud and stone.

Let! Let! Let! Let the water run down the wall.

Don't! Don't! Don't!
Don't throw my home into the earth (ground).

Give! Give! Give! Given us water little by little.

> Help! Help! Help! Help us to grow the crop properly. *Tsering Dolma Class* – *6th*

THINK - THINK - THINK

Think – Think – Think, If you are not a student. Think – Think – Think, If there is no education in your life.

> Think – Think – Think, If you are not an obedient. Think – Think – Think, If you are not sincere.

Think – Think – Think, If you are telling a lie. Think – Think – Think, If you are wasting the time.

So please don't waste the time.
And think about your future.

Ngodup

Class - 4th

WINTER

Oh, How cold is winter.
People were so lazy.
Drinking chhang (local beer) and,
cracking jokes were the main time pass.

Oh, How cold is the winter, lots of snow were fall on. Farmers were so happy, but ibex are so sad. Oh, How cold is the winter.

We have to sit near fire, to protect from cold. All people say winter is, very cold in Zanskar.

> Tenzin Dawa Class – 6th

ZANSKAR

Zanskar my native land. You are so calm, and pure that everyone attracts, towards you.

The Zanskar is land of, peace and harmony. People live with, peacefully and helpfully.

Winter in a Zanskar is long.
People used to wear a local gown.
Porridge, potato and meat are the stable food.
For heating they used dry wood.

Summer in a Zanskar is short. People worked in a field a lot. Visitors are always welcome. It helps in adding our income.

> Tenzin Nassal Class – 7th



GLOBAL WARMING

Due to the pollution of environment, its damage our life style. It cause from many ways:- air pollution, water pollution, and soil pollution. Think most of the human activities affect the environment in a one way or the others. Large amount of atmosphere is polluted by these reasons as well as the emission of too much carbon—dioxide in air. The percentage of carbon—dioxide in air is everyday increasing and increasing and the global is getting warmer and warmer, which resulting in the rise of the sea levels. It is very dangerous to cause serious floods, because most of the polar regions are melting down to the sea. Also rises the number of population and more automobiles are used, many forests are cutting down for cultivation and construction of roads and dams. The unwanted gasses, which come from factories, damage the ozone layer, which is the main reasons? This is our responsibility, so please wake up and do something for our precious EARTH.

Stanzin Jenpa Class – 7th

HOW I SPENT MY WINTER VACATION

As we all knows that our school closes for four months from 1st of November so the long summer academic session breaks to winter vacation after the result declaration. All of students tend to enjoy during this long vacation. My winter vacation remained quite memorable. After completing one month, I went to Kargyak school to attend the Winter extra coaching class. There I received some lectures on some subjects like Mathematics, Science, Bodhi and English. In Kargyak Sir Penpa taught us two subjects i.e. Science and Bodhi. And Sir Tobjor taught us Math's and English. The teachers are very well qualified in teachings. Sometimes because of heavy snow falls our tutors allowed us to play with the snow and also they accompanied us. We also organized winter games competition like skiing from slopes of nearby villages. There I had lots of fun. Meanwhile I remembered my school and also sir and madam who teaches me very well .After three months my winter tuition came to an end. Then I returned back to my village and continued helping my parents in works in field. And I also enjoyed the party with my family members and with my friends. Now there were at least three days left when we had been ready to return back to the school. And after the end of waiting hours, we started coming back to school and again I met my old friends and talked a lot about winter vacation and resumed my mind on studies after all.

Lobzang Zotpa Class – 6th

IMPORTANT OF NEWSPAPER

Reading newspaper is very important. The newspaper could be effective teaching aids. Newspaper contain full of information regarding general, economic and social life of the people of social region and countries. Newspaper also contain about meteorology prediction by following and recording weather reports. News regarding earthquakes, cyclones tidal waves etc, may be brought to the notice of readers. Students may add to their vocabulary bank a number of new words, and newspaper also has a column of sports, news and records of each players in different games. Students have to studies various subjects. Newspaper can provide a point of contact as a mean of approach, since much of history, civics, geography and other contents are prescribe, so that readers can add additional knowledge is their Academic field.

Tenzin Nassal Class – 7th

MY BEST SUBJECT

My name is Tenzin Dechen and I am in third standard. There are many subjects in my 3rd standard. But Bodhi is my favourite subject, because I am from Zanskar and our language is also in Bodhi. We always talk in Bodhi with each other. There are four compalsary subjects. Namely Urdu, English, Bodhi, Hindi. But I like Bodhi most. My favourite subject teacher is Sir Gelek. He is from Muney village. He always comes to school on time. He is very simple and honest person. He is from noble family. He teach us Bodhi very well. I am proud of him. I am always wanted to be like him in my near futures.

Tenzin Dechen Class – 3rd

OUR SCHOOL

My name is Tenzin Ngdoup. I am in 4th standard. The name of my school is Jamyang Ling Model Middle School. It is located near Raru village. My school is very old. It comes into existence on 1996. The founder of school is Mr. Bernd and his friends. My school is very beautiful and peaceful. My school is English medium school. Our school is composed of 11 teachers and 205 students. They always teach us very good. We must respect our teaching and non teaching staff committee members. The headmaster of our school is Sir Karma Rinchen. He is

very honest and simple and he works very hard for our school. The Jamyang Ling School is very famous school in all Lungnak Valley. I feel very proud that I studying in Jamyang Model Middle School. Thanks Mr .Bernd and Shambala Members.

Ngdoup Class – 4th

SCHOOL ANNIVERSARY

Our school anniversary is on 14th of August. It is the most delightful and joyful day of the year. On this day, the founder of the school, members of Shambala, managing committee , parents of the students and teachers assemble at school ground to celebrate it . On this day, we all woke up at 5:30 am in the morning and help with teachers to pitch the tent for the function. Then we wash our hands and face to get ready for the breakfast, which were served in the morning time at 8:00 am in the dinning room. After finishing our breakfast, we put on our clean school uniform and assemble at school playground for the inter-house march pass competition. Everyone like these program The most respected chairman, Mr Tenzin Gelek, Mr. Bernd, Shambala members, Headmaster and other dignitaries are main guest on this particular day, a large varieties of cultural programmes added flavour to the grand occasion. I like the school anniversary very much.

T. Kitzom Class – 7th

SHAMBHALA THE SCHOOL FOUNDER

Our school founder is Mr. Bernd and Shambhala members. So first of all I would like to say very heart-felt thanks to Shambhala Association the school founders, to make this wonderful school. It is very difficult to built a school. So we study hard for the coming future to get good job. Therefore we can't waste the time and always do right work in a right time. Also we can't play more. In Zanskar there is no facilities because of remote area and there is also no well connected road and most of the people work very hard in their fields. Due to this reason Zanskar is very remote area. Therefore I can say thank you very much to those great persons, who will come in Zanskar, and help us. I prayed to GOD that you may live long and may all yours dream comes true.

Tenzin Gyaltsen Class – 6th

WATER CONSERVATION

It is very essential to keep water save from being polluted. If we can't, in near future we might face a problem of scarcity of a drinking water. So think twice before we act, therefore we can make some method for water conservation in all over country, we must not allow the people to wash there cloths near the sources of water, we should campaign slogan not to throw chemical waste in the river, lakes and oceans. We should construct a dam so that water can be used judiciously. We the human beings and we can imagine it, which one is the best and which one is useless. We all are dependent of water. Don't waste the water like many over exploitation of other things and whatever. Also try to save the water and other materials. If you can do it, it can't effect your life-span. Also you can help it, to do something special for our future. So please don't waste the time and please don't waste the water.

Tenzin Thardot Class – 6th

ZANSKAR MY NATIVE LAND

Zanskar is a remote area in winter. The Zanskar people would not do planting, because in winter time, there is very cold during the season in Zanskar Valley. The fruits items are not grown in Zanskar because it is not a hot area. Above the mountains there are green grasses and plants. But Zanskar have few plants. In summer time, the Zanskar peoples were going to trekking for their extra income. The houses of Zanskar is made up of mud, bricks, wood and stone, not made up of cement. In Lungnak Valley there are many horses and cattles. The horses are used for trekking in summer time. In Zanskar Valley the peoples are very honest and sincerely, They work very hard in summer time in their own fields. I feel very proud that I am from Zanskar Valley. Its really my native land.

Rigtol Class – 5th

MESSAGE

To

Mr. Bernd and Shambala members,

We are very thankful for kind support and help. So I should never forget your kindness. I must study hard and musn't waste my time and effort. Please support us continuously. Thank you to you all for what you have done.

Thank you,

Dolkar Class – 5th

To,

Students of J.L.M.S.

It is a nice chance and we got a golden opportunity as well as new education by the grace of Shambala society. So we can't waste it, always use it in a right way. Thank you,

> Stanzin Tsomo Class – 6th

To,

Dear class - fellows,

We are lucky to read in J.L.M.S. So, we must do hard work, day and night.

Thank you,

Sonam Chosphel Class – 5th

To,

Dear father,

You are so good and precious to me. You sent me to the school to learn new things for my future. Thank you father.

Phantok Class -- 5th To,

My classmates,

You know, we are the eldest and the most educated students in our J.L.M.S. So we do something different for our future and for our Lungnak – valley. Please keep it up. My wishes are always with you.

Thank you,

Ningchat Class – 7th

To,

My mother,

Hello Mom, How are you?

I am fine and happy with my friends. Mom pleasetake care of your health and have a healthy food.

Thank you,

Stanzin Kitzom Class – 7th

MESSAGE FOR SHAMBALA GROUP

First of all I would like to say thanks for Mr. Bernd and Shambala group. You all are giving us golden chance to study. I hope that all Shambala group members and all students of J.L.M.S. of coming future be very peaceful and good manners.

Thank you.

Tenzin Dawa Class – 6th

MESSAGE FOR CLASS - 8TH

I hope that all the 8th class students get pass in Board examination. You all must improve your studies and hand writing. I hope you will pray for GOD for the coming board exam and also for your future. BEST OF LUCK.

Thank you,

Tenzin Dawa Class -- 6th

TEACHERS' VIEW IN THE BLOCK

01] Mr. Tsewang Lobsang,

My name is Tsewang Lobsang from Raru village, Zanskar valley. I am one of the member of Lungnag Youth Association. I am also one of who constructed this lovely school. I joined the school as a peon on 6th June 1995. I am very happy to serve this school. Lastly, I would like to say heartfelt thanks to all of our school sponsors and managing committee. Happy Anniversary......

02] Mr. Tenzin Thupten,

My name is Tenzin Thupten from Raru village, Zanskar. I am a member of Lungnag Youth Association and also one of the constructor of the school. I joined the school as a peon on 15th June 1998. Beside peon, I served the school as store keeper for 3 years and the head of the construction committee for 3 years. I am fond of serving this school. Lastly, I would like to say thank you to Mr. Bernd, the founder, members of Shambala, Lungnag Youth Association and managing committee. I pray to God so the school may keep on developing. Wishing you all a very happy Anniversary Day.

03] Mr. Lobsang Tashi,

My name is Lobsang Tashi from Raru village, Zanskar valley. I am an exstudent of J.L.M.S. I got opportunity to study in this school, because of Mr. Bernd, Shambala Charitable Trust Society. I work in the school as a teacher for two years. I would like to thank everyone who played pivotal role in strengthening my life and giving me life and soul to live equally with others. Wishing you a very happy 15th Anniversary and god bless our school.

04] Miss Sonam Palmo,

Dear readers.

Hello and Jullay. My name is Sonam Palmo from Muney village, Zanskar. I did my schooling from S.O.S-T.C.V, Leh Ladakh. I joined, as a teacher, in this school on 25th May 2007. I got many experiences in new knowledge in this school. I am very to get an opportunity to teach my younger sisters and brothers of Zanskar valley. I am happy to say many thanks to our school founder, Shambala members, Managing committee and all the teachers and staffs for your valuable kindness and hardworking. Wishing you all a very happy 15th Anniversary Day.

05] Mr. Rakesh Kumar,

Sangma La Jullay,

My name is Rakesh Kumar, I completed my class 10th and 12th from Dharamshala.

I am from Lahaul – spitti, the Himalayan range. I am a new teacher in Jamyang Ling Model Middle School, and this is my first my experience in Zanskar Valley, which is very challenging. I am a Science teacher, which is very useful to explain about the health for Zanskari students. A good saying for Jamyang Ling students:- It is easier to say than to do. Wish you all a very happy 15th Founding Anniversary.

06] Mr. Sonam Halzang,

I am Sonam Halzang from Lossani Paldar S/O Sh. Sonam Tundup R/O Lossani Palder, Distt Kishtwar, Teh. Paldar, I am a Urdu teacher. I work in this school since last year. I wish to serve the school, five or six more years. Whishing you all a very happy 15th Anniversary and God bless our school. Jullay.

07] Mr. Tenzin Gelek,

First of all I would like to say Tashi Delek and Jullay. My name is Tenzin Gelek from Muney village. Idid my schooling from Central Institute of Buddhist Studies Leh. I joined as a teacher in this school in the year 2000. I got so many experiences and lots of knowledge from this school. I am eagerly happy to say many thanks to our school founder, Shambala members, Managing committee and all the teachers and staffs for your valuable kindness. **Wishing you all a happy Anniversary Day.**

08] Miss Tsewang Dolma,

My name is Tsewang Dolma from Kowaring village, Distt, Lahaul-Spitti in H.P. I have been working in this school since three years ago. I like this school very much. From this school, I am getting lots of experiences. I pray to God, this school may run very smoothly properly in the future. I teach Maths, Social Studies, English and Hindi. Lastly I say thank you to Shambala Charitable Trust and Managing committee. Wishing you all a very happy 15th Anniversary and God bless our school.

09] Miss Rigzin Angmo,

My name is Rigzin Angmo from Jispa village, Distt, Lahaul-Spitti in H.P. I have been working in this school since eight years ago. In this school, I could teach the students and learned a lot from the environment as well. I am very glad to serve this school because the school is situated far from noisy towns and all the facilities those, I could enjoy is contented. Happy Anniversary.

10] Mr. Tsewang Samphel,

My name is Tsewng Samphel from Raru village. I did my schooling from Govt., Higher Secondary School Leh. I am the most senior teacher of J.L.M.S. Since 14 years ago, I work here as a teacher. I am the main Urdu teacher. Wishing you all a very happy 15th Founding Anniversary.

11] Mr. Om Prakash,

Hello and Jullay. My name is Om Prakash from Lahaul – Spitti. I completed my graduation from Kullu Distt. One day I got an opportunity to work in J.L.M.S, then I joined the school as a Hindi teacher. I got so many experiences from the school . I want to say something that winter time, it is very difficult to stay here. Wishing you all a very happy 15th Founding Anniversary.

12] Mr. Karma Tsewang,

I on behalf of all the teaching and non teaching staffs, students and parents, wanted to wish a very happy 15th founding anniversary for all of you whose hand is always there with us. A good saying for you students, "Think twice before you act", as cramming books is not only a mean of education, EDUCATION means all round development, you have to improve your characters, manners, health, participate in every co-curricular activities of school and please be a good and wonderful listener, God bless you and wish you a wonderful and prosperous future life ahead.

13] Mr. Tenzin Dhargae,

My name is Tenzin Dhargae from Himachal Pradesh, Kangra, Dharamshala. I did my schooling in T.C.V school D/sala cantt and graduated from Punjab University. I joined JLMS as mathematics teacher on 25th of May 2009. During my stay in JLMS, what I have experienced is: I must have to prepare well for what I have to teach. And I should have to see how much long I have been able to follow by you all sweet children. Then the message I wanted to send to you all is "help yourself so God helps you".

Merry 15TH Founding Anniversary Day.

CONTACT FOR MORE INFORMATION

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Group Photo of JLMS Teaching Staff



Group Photo of Hostel Staff



Headmaster with School Captain and Prefect





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